

Oakwood Wales Marathon & Half, Coastal Cottages Wales 10k & Radio Pembrokeshire Wales 5k

Here's your guide to the key road closures for the 2016 event. Please read this carefully so you can enjoy the atmosphere on race day!

Road closures on Sunday 10th July

Tudor Square / High Street	6:00am - 8:00pm
Crackwell Street / Bridge Street / St Julian's Street	6:00am - 8:00pm
Cob Lane / Tor Lane	6:00am - 8:00pm
Royal Lion Roundabout to Croft Junction A478	6:00am - 8:00pm
White Lion Street	9:30am - 10:30am
Upper Frog Street	9:30am - 10:30am
George Street	9:30am - 10:30am
Cresswell Street	9:30am - 10:30am
The Paragon	9:30am - 10:30am
St Florence Parade	9:30am - 10:30am
The Esplanade	9:30am - 10:30am
Victoria Street	9:30am - 10:30am
South Cliff Street	9:30am - 10:30am
South Parade	9:30am - 10:30am
Trafalgar Road	9:30am - 10:30am
Queens Parade	9:30am - 10:30am
Station Road	9:30am - 10:30am
Warren Street	9:30am - 10:30am
Greenhill Avenue	9:30am - 10:30am
Greenhill Road	9:30am - 10:30am
Park Road	9:30am - 10:30am
Lower Park Road	9:30am - 10:30am
The Green	9:30am - 10:30am
Marsh Road (Eastbound) / Clickett Lane (Southbound)	9:30am - 11:00am, 11:30am - 4:00pm
C3184 Penally Village Road / Holloway Hill	9:30am - 11:00am, 11:30am - 4:00pm
The Ridgeway to Stephens Green Lane	9:30am - 12:00pm
Deer Park Lane	9:30am - 1:00pm
Dill Road	9:00am - 1:00pm
A4075 Junction A477(T) to Eastend Square (Fingerpost)	9:00am - 1:00pm (Northbound relief only)
Golden Lane	10:00am - 1:00pm
Footpath from Old School to Mill Pond	10:30am - 1:30pm
Northgate Street, Pembroke	10:30am - 1:30pm (Southbound lane closure)
Main Street, Pembroke	10:30am - 1:30pm
Eastend Square	10:30am - 1:30pm
Wellhill	10:30am - 1:30pm
Lower Lamphey Road	10:30am - 1:30pm
B4584 Lamphey to Freshwater East	10:30am - 2:00pm
U6340 Freshwater East to Jct A4139	10:30am - 2:00pm
A4139 Jct U6340 to Jct U6339 Swan Lake	11:30am - 2:00pm (Westbound lane closure only)
U6339 Swan Lake to Jct U6338 at Cobb Lane Crossroads	11:00am - 3:00pm
U6338 at Cobb Lane Crossroads to Manorbier Village	11:00am - 3:00pm
B4585 Manorbier Village to Baldwins Moor	11:30am - 3:00pm (Clockwise lane closure only)
C3040 Norchard Lane	9:30am - 3:30pm

**Please bear in mind that these road closure times are approximate and subject to change. The sweep vehicle will trigger the road opening once again.*



Image: The Oakwood Wales Full & Half Marathon route



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Road closures on Saturday 9th July

Cob Lane / Tor Lane (Tenby)	6:00am - 8:00pm
High Street (Tenby)	6:00am - 8:00pm
Tudor Square (Tenby)	6:00am - 8:00pm
St Julian Street (Tenby)	6:00am - 8:00pm
Crackwell Street (Tenby)	6:00am - 8:00pm
	(Access under lights)
Bridge Street (Tenby)	6:00am - 8:00pm
St Brides Hill (Saundersfoot)	10:00am - 5:00pm

ONE WAY

Coal Lane (Ridgeway to B4318 only)	9:15am - 3:00pm
Milinton Farm Lane to Redberth Common (B4318 to Redberth)	9:15am - 3:00pm
C3070 (From Tanners Lane to Junction @ Rosemary Lane)	9:45am - 4:00pm
Summerhill to Wiseman's Bridge	9:45am - 4:30pm

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For more information, please contact Sarah on 01437 765 777, email sarah@activitywalesevents.com or visit longcourseweekend.com

For up to date information, please visit www.longcourseweekend.com

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