

id	Distance	forename	surname	dob	gender	Start Time
3407	Wales Sportive 42 - Blue	Kate	Allen	20/11/1973	Female	12.30pm
3408	Wales Sportive 42 - Blue	Julie	Allison	23/07/1972	Female	12.30pm
3410	Wales Sportive 42 - Blue	Ann	Argust	20/05/1965	Female	12.30pm
3411	Wales Sportive 42 - Blue	Felicity	Aries	08/07/1961	Female	12.30pm
3413	Wales Sportive 42 - Blue	JULIE	ARTHUR	26/07/1971	Female	12.30pm
3414	Wales Sportive 42 - Blue	David	Bagley	17/10/1976	Male	12.30pm
3416	Wales Sportive 42 - Blue	Sharon	Bannister	28/01/1961	Female	12.30pm
3415	Wales Sportive 42 - Blue	Chris	Bannister	19/05/1962	Male	12.30pm
770	Junior Long Course Weekend	Oliver	Beere	30/05/2001	Male	12.30pm
3419	Wales Sportive 42 - Blue	Jane	Bendall	17/10/1974	Female	12.30pm
3422	Wales Sportive 42 - Blue	keri	bowden	21/08/1973	Male	12.30pm
771	Junior Long Course Weekend	Fin	Bowie	10/09/1999	Male	12.30pm
3423	Wales Sportive 42 - Blue	Emma	Bowles	21/12/1976	Female	12.30pm
3424	Wales Sportive 42 - Blue	Lynsey	Brenchley	16/01/1982	Female	12.30pm
3430	Wales Sportive 42 - Blue	Sian	Cammack	17/10/1967	Female	12.30pm
3433	Wales Sportive 42 - Blue	Martin	Carter	19/08/1961	Male	12.30pm
3434	Wales Sportive 42 - Blue	Martin	Carter	19/08/1961	Male	12.30pm
3435	Wales Sportive 42 - Blue	Martin	Carter	19/08/1961	Male	12.30pm
3436	Wales Sportive 42 - Blue	Martin	Carter	19/08/1961	Male	12.30pm
3432	Wales Sportive 42 - Blue	belinda	carter	05/05/1962	Female	12.30pm
3439	Wales Sportive 42 - Blue	Darren	Chant	29/07/1970	Male	12.30pm
3442	Wales Sportive 42 - Blue	Sam	Coates	04/03/1978	Female	12.30pm
3444	Wales Sportive 42 - Blue	Elizabeth	Cottis	29/05/1968	Female	12.30pm
3445	Wales Sportive 42 - Blue	Catrin	Cousins	16/06/1976	Female	12.30pm
3446	Wales Sportive 42 - Blue	Andy	Craddock	07/07/1977	Male	12.30pm
3450	Wales Sportive 42 - Blue	Allan	Davies	11/02/1967	Male	12.30pm
3453	Wales Sportive 42 - Blue	Sharon	Davies	12/05/1970	Female	12.30pm
3455	Wales Sportive 42 - Blue	Alan	Davies-Camplin	23/10/1990	Male	12.30pm
3456	Wales Sportive 42 - Blue	Lisa	Day	09/07/1977	Female	12.30pm
3457	Wales Sportive 42 - Blue	Carole	Dudley	26/07/1975	Female	12.30pm
772	Junior Long Course Weekend	Jake	Duignan	03/11/2001	Male	12.30pm
3460	Wales Sportive 42 - Blue	david	evans	06/01/1986	Male	12.30pm
3462	Wales Sportive 42 - Blue	Finola	Findlay	13/04/1987	Female	12.30pm
3464	Wales Sportive 42 - Blue	Daniel	Freeman	08/02/1985	Male	12.30pm
773	Junior Long Course Weekend	Poppy	Griffiths	08/06/2002	Female	12.30pm
3469	Wales Sportive 42 - Blue	kath	griffiths	18/11/1971	Female	12.30pm
3471	Wales Sportive 42 - Blue	Craig	Hamilton	14/02/1974	Male	12.30pm
3472	Wales Sportive 42 - Blue	John	Hammond	07/11/1947	Male	12.30pm
774	Junior Long Course Weekend	THOMAS	HARDING-JONES	01/11/1999	Male	12.30pm
3474	Wales Sportive 42 - Blue	Jane	Harries	25/01/1967	Female	12.30pm
3475	Wales Sportive 42 - Blue	Jonathan	Harries	30/07/1971	Male	12.30pm
3479	Wales Sportive 42 - Blue	Alexandra	Hemingway	28/12/1972	Female	12.30pm
3483	Wales Sportive 42 - Blue	glyn	hicks	01/10/1949	Male	12.30pm
3484	Wales Sportive 42 - Blue	Robert	Howells	11/02/1979	Male	12.30pm
3487	Wales Sportive 42 - Blue	Elisha	Hughes	25/05/1993	Female	12.30pm
3489	Wales Sportive 42 - Blue	Tyssul	Hughes	06/03/1973	Male	12.30pm
3492	Wales Sportive 42 - Blue	Robert	James	10/10/1977	Male	12.30pm
3491	Wales Sportive 42 - Blue	Mary	James	02/04/1962	Female	12.30pm
3495	Wales Sportive 42 - Blue	Andrew	Jenkins	09/07/1966	Male	12.30pm
3496	Wales Sportive 42 - Blue	Debra	Jenkins	13/01/1975	Female	12.30pm
3497	Wales Sportive 42 - Blue	Henley	Jenkins	04/03/1975	Male	12.30pm
775	Junior Long Course Weekend	Ffion	Jones	29/08/2000	Female	12.30pm
776	Junior Long Course Weekend	Oliver	Jones	22/03/2000	Male	12.30pm
777	Junior Long Course Weekend	Oscar	Jones	13/03/2002	Male	12.30pm
3499	Wales Sportive 42 - Blue	Jessica	Jones	08/07/1974	Female	12.30pm

3500	Wales Sportive 42 - Blue	Kim	Jones	03/11/1968	Female	12.30pm
778	Junior Long Course Weekend	billy	kinnear	26/09/1999	Male	12.30pm
3508	Wales Sportive 42 - Blue	Kathryn	Lee	27/06/1974	Female	12.30pm
3510	Wales Sportive 42 - Blue	Sarah	Lewis	01/01/1972	Female	12.30pm
3511	Wales Sportive 42 - Blue	Denise	Lloyd	19/04/1978	Female	12.30pm
3514	Wales Sportive 42 - Blue	Jacqueline	Lockie	20/12/1969	Female	12.30pm
3515	Wales Sportive 42 - Blue	Pauline	Louchart	19/04/1977	Female	12.30pm
3517	Wales Sportive 42 - Blue	Andrew	Lustig	25/05/1977	Male	12.30pm
3518	Wales Sportive 42 - Blue	Samantha	Macdonald	07/10/1984	Female	12.30pm
779	Junior Long Course Weekend	Jordan	Mann	07/03/2001	Male	12.30pm
3522	Wales Sportive 42 - Blue	Jamie	McCormick	10/09/1969	Male	12.30pm
3523	Wales Sportive 42 - Blue	Kelly	McFlynn	24/11/1976	Female	12.30pm
3525	Wales Sportive 42 - Blue	Catherine	McVeigh	10/11/1978	Female	12.30pm
780	Junior Long Course Weekend	keenan	Napper	30/07/1999	Male	12.30pm
3532	Wales Sportive 42 - Blue	Ryan	Nolan	04/06/1991	Male	12.30pm
3533	Wales Sportive 42 - Blue	Joanna	Oliver	25/11/1972	Female	12.30pm
781	Junior Long Course Weekend	Ben	Omnett	05/04/2002	Male	12.30pm
3534	Wales Sportive 42 - Blue	Peter	O'Neill	25/04/1964	Male	12.30pm
3537	Wales Sportive 42 - Blue	Hayley	Parker	04/04/1986	Female	12.30pm
3539	Wales Sportive 42 - Blue	Sarah	Pascoe	02/10/1966	Female	12.30pm
3540	Wales Sportive 42 - Blue	Colette	Patterson	21/02/1977	Female	12.30pm
3541	Wales Sportive 42 - Blue	Lyndsay	Patterson	04/08/1986	Female	12.30pm
3542	Wales Sportive 42 - Blue	debbie	pentland	25/08/1959	Female	12.30pm
3543	Wales Sportive 42 - Blue	David	Perry	20/02/1956	Male	12.30pm
3545	Wales Sportive 42 - Blue	Danielle	Phillips	24/01/1981	Female	12.30pm
3553	Wales Sportive 42 - Blue	Gareth	Priest	23/02/1979	Male	12.30pm
3554	Wales Sportive 42 - Blue	Paula	Purtell	21/08/1967	Female	12.30pm
3555	Wales Sportive 42 - Blue	Wendy	Redmond	08/03/1974	Female	12.30pm
3556	Wales Sportive 42 - Blue	Jeannette	Richards	15/09/1961	Female	12.30pm
3558	Wales Sportive 42 - Blue	Terry	Robinson	24/04/1950	Male	12.30pm
3559	Wales Sportive 42 - Blue	Owen	Rogers	26/01/1998	Male	12.30pm
782	Junior Long Course Weekend	Ryan	Semper	01/08/2001	Male	12.30pm
3562	Wales Sportive 42 - Blue	Clare	Shaw	03/05/1976	Female	12.30pm
3566	Wales Sportive 42 - Blue	Shelley	Stephens	01/06/1973	Female	12.30pm
783	Junior Long Course Weekend	Tom	Stubbs	22/09/2000	Male	12.30pm
784	Junior Long Course Weekend	William	Swales	11/10/1999	Male	12.30pm
3569	Wales Sportive 42 - Blue	Emma	Tambling-Baker	12/02/1972	Female	12.30pm
3572	Wales Sportive 42 - Blue	Andrew	Tennet	12/05/1966	Male	12.30pm
3573	Wales Sportive 42 - Blue	Fay	Tennet	07/11/1972	Female	12.30pm
3575	Wales Sportive 42 - Blue	Christopher	Thomas	14/01/1978	Male	12.30pm
3576	Wales Sportive 42 - Blue	Lisa	Thomas	28/11/1969	Female	12.30pm
785	Junior Long Course Weekend	Rhys	Vincent	23/08/2000	Male	12.30pm
3578	Wales Sportive 42 - Blue	Simon	Wainwright	03/06/1967	Male	12.30pm
3583	Wales Sportive 42 - Blue	Keith	Waterhouse	29/09/1963	Male	12.30pm
3584	Wales Sportive 42 - Blue	Wendy	Wates	28/05/1977	Female	12.30pm
3588	Wales Sportive 42 - Blue	Sharon	Whitehouse	06/08/1970	Port Douglas	12.30pm
3590	Wales Sportive 42 - Blue	Jaime	Williams	12/12/1971	Male	12.30pm
3591	Wales Sportive 42 - Blue	Sarah	Williams	23/07/1975	Female	12.30pm
3596	Wales Sportive 42 - Blue	Jonathan	Wisbey	06/11/1986	Male	12.30pm
3600	Wales Sportive 42 - Blue	Dennis	Young	04/05/1946	Male	12.30pm
3409	Wales Sportive 42 - Blue	Frank	Arentz	03/09/2000	Male	12.45pm
3412	Wales Sportive 42 - Blue	Louise	Arnold	15/01/1968	Female	12.45pm
3417	Wales Sportive 42 - Blue	Alex	Barnes	21/02/1979	Male	12.45pm
3418	Wales Sportive 42 - Blue	Tony	Baross	05/08/1963	Male	12.45pm
3420	Wales Sportive 42 - Blue	Ange	Bennett	18/04/1964	Female	12.45pm
3421	Wales Sportive 42 - Blue	tony	bourne	21/03/1960	Male	12.45pm

3425	Wales Sportive 42 - Blue	Max	Brindley	06/12/1999	Male	12.45pm
3426	Wales Sportive 42 - Blue	Anthony	Brown	12/12/1969	Male	12.45pm
3429	Wales Sportive 42 - Blue	Sarah	Brown	24/06/1967	Female	12.45pm
3428	Wales Sportive 42 - Blue	Hetta	Brown	12/04/1968	Female	12.45pm
3427	Wales Sportive 42 - Blue	Chris	Brown	03/02/1988	Male	12.45pm
3431	Wales Sportive 42 - Blue	Marcus	Canning	12/10/1969	Male	12.45pm
3437	Wales Sportive 42 - Blue	Tony	Cawton	16/01/1967	Male	12.45pm
3438	Wales Sportive 42 - Blue	David	Chandler	09/04/1979	Male	12.45pm
3440	Wales Sportive 42 - Blue	Rebecca	Clark	10/07/1986	Female	12.45pm
3441	Wales Sportive 42 - Blue	Richard	Clifford	01/12/1967	Male	12.45pm
3443	Wales Sportive 42 - Blue	Andrew	Cooper	24/08/1976	Male	12.45pm
3447	Wales Sportive 42 - Blue	jonathan	critcher	29/12/1980	Male	12.45pm
3448	Wales Sportive 42 - Blue	paul	curtis	11/04/1966	Male	12.45pm
3449	Wales Sportive 42 - Blue	Carolyn	Dales	20/05/1970	Female	12.45pm
3451	Wales Sportive 42 - Blue	Austin	Davies	03/12/1949	Male	12.45pm
3454	Wales Sportive 42 - Blue	Tracy	Davies	05/05/1983	Female	12.45pm
3452	Wales Sportive 42 - Blue	Lewis	Davies	01/07/2000	Male	12.45pm
3458	Wales Sportive 42 - Blue	Richard	Elgar	20/06/1987	Male	12.45pm
3459	Wales Sportive 42 - Blue	karen	ellis	02/02/1971	Female	12.45pm
3461	Wales Sportive 42 - Blue	Gray	Faiers	24/01/1961	Male	12.45pm
3463	Wales Sportive 42 - Blue	Louise	Francis	04/12/1982	Female	12.45pm
3465	Wales Sportive 42 - Blue	Bria	Gammer	27/04/1994	Female	12.45pm
3466	Wales Sportive 42 - Blue	Melanie	Ganderton	16/07/1975	Female	12.45pm
3467	Wales Sportive 42 - Blue	Sonya	Ginty	01/09/1982	Female	12.45pm
3468	Wales Sportive 42 - Blue	Helen	Griffiths	23/04/1968	Female	12.45pm
3470	Wales Sportive 42 - Blue	wyn	griffiths	28/07/1962	Male	12.45pm
3473	Wales Sportive 42 - Blue	Alex	Hankey	20/03/1991	Male	12.45pm
3477	Wales Sportive 42 - Blue	Jon	Hart	05/06/1975	Male	12.45pm
3476	Wales Sportive 42 - Blue	Adam	Hart	04/04/2000	Male	12.45pm
3478	Wales Sportive 42 - Blue	Sharon	Hawes	03/12/1972	Female	12.45pm
3480	Wales Sportive 42 - Blue	Joe	Henson	10/08/1994	Male	12.45pm
3481	Wales Sportive 42 - Blue	Trudy	Herbert	10/04/1966	Female	12.45pm
3482	Wales Sportive 42 - Blue	mike	hewitt	08/06/1985	Male	12.45pm
3486	Wales Sportive 42 - Blue	Ceri	Hughes	07/10/1971	Male	12.45pm
3488	Wales Sportive 42 - Blue	Lowri	Hughes	27/01/1976	Female	12.45pm
3485	Wales Sportive 42 - Blue	Bryan	Hughes	23/03/1979	Male	12.45pm
3490	Wales Sportive 42 - Blue	Kate	Humphreys	30/11/1978	Female	12.45pm
3493	Wales Sportive 42 - Blue	Kelly	Jarvis	09/08/1979	Female	12.45pm
3494	Wales Sportive 42 - Blue	Alun	Jenkins	15/05/1963	Male	12.45pm
3498	Wales Sportive 42 - Blue	Sarah	John	05/03/1976	Female	12.45pm
3501	Wales Sportive 42 - Blue	Lesley	Jones	25/01/1970	Female	12.45pm
3502	Wales Sportive 42 - Blue	Lucy	Jones	15/10/1979	Female	12.45pm
3503	Wales Sportive 42 - Blue	robert	jones	17/04/1972	Male	12.45pm
3504	Wales Sportive 42 - Blue	Matt	Kavanagh	10/03/1991	Male	12.45pm
3505	Wales Sportive 42 - Blue	Tracey	Kemp	20/12/1968	Female	12.45pm
3506	Wales Sportive 42 - Blue	Kate	Kenniford-allen	20/02/1979	Female	12.45pm
3507	Wales Sportive 42 - Blue	Simone	Knight	08/08/1961	Female	12.45pm
3509	Wales Sportive 42 - Blue	Nicola	Leonard	10/10/1978	Female	12.45pm
3512	Wales Sportive 42 - Blue	Edwina	Lloyd	08/11/1953	Female	12.45pm
3513	Wales Sportive 42 - Blue	James	Lloyd	26/07/1989	Male	12.45pm
3516	Wales Sportive 42 - Blue	Jonathan	Lovell	20/11/1971	Male	12.45pm
3519	Wales Sportive 42 - Blue	Eugene	Mason	13/06/1973	Male	12.45pm
3520	Wales Sportive 42 - Blue	Roger	Massey	10/08/1971	Male	12.45pm
3521	Wales Sportive 42 - Blue	deborah	mattey	28/10/1962	Female	12.45pm
3524	Wales Sportive 42 - Blue	ryan	mcflynn	06/01/1979	Male	12.45pm
3526	Wales Sportive 42 - Blue	clive	Morgan	14/02/1965	Male	12.45pm

3527	Wales Sportive 42 - Blue	Michelle	Morgan	14/10/1969	Female	12.45pm
3528	Wales Sportive 42 - Blue	stephen	morgan	12/02/1991	Male	12.45pm
3529	Wales Sportive 42 - Blue	Mel	Morris	09/08/1963	Female	12.45pm
3530	Wales Sportive 42 - Blue	Roger	Morris	02/04/1964	Male	12.45pm
3531	Wales Sportive 42 - Blue	Trevor	Neal	15/06/1948	Male	12.45pm
3535	Wales Sportive 42 - Blue	Val	Ottaway	31/07/1969	Female	12.45pm
3536	Wales Sportive 42 - Blue	Alun	Parker	20/01/1979	Male	12.45pm
3538	Wales Sportive 42 - Blue	Amanda	Parry	17/05/1973	Female	12.45pm
3547	Wales Sportive 42 - Blue	Marianne	Phillips	11/03/1968	Female	12.45pm
3548	Wales Sportive 42 - Blue	Sharon	Phillips	10/02/1969	Female	12.45pm
3546	Wales Sportive 42 - Blue	David	Phillips	12/07/1978	Male	12.45pm
3544	Wales Sportive 42 - Blue	Alun	Phillips	01/06/1976	Male	12.45pm
3549	Wales Sportive 42 - Blue	Victoria	Phillips	27/04/1979	Female	12.45pm
3550	Wales Sportive 42 - Blue	Lisa	Phipps	30/07/1969	Female	12.45pm
3551	Wales Sportive 42 - Blue	Nicole	Pinnington	23/04/1986	Female	12.45pm
3552	Wales Sportive 42 - Blue	martin	poole	22/01/1967	Male	12.45pm
3557	Wales Sportive 42 - Blue	Maria	Richards	05/06/1973	Female	12.45pm
3560	Wales Sportive 42 - Blue	John	Runeckles	04/03/1946	Male	12.45pm
3561	Wales Sportive 42 - Blue	Steffan	Saunders	03/11/1973	Male	12.45pm
3563	Wales Sportive 42 - Blue	Ken	Smart	14/02/1960	Male	12.45pm
3564	Wales Sportive 42 - Blue	Nigel	Smith	19/03/1971	Male	12.45pm
3565	Wales Sportive 42 - Blue	Tamsyn	Smith	24/02/1978	Female	12.45pm
3567	Wales Sportive 42 - Blue	Ian	Stilgoe	31/05/1968	Male	12.45pm
3568	Wales Sportive 42 - Blue	Duncan	Sumner	23/01/1997	Male	12.45pm
3570	Wales Sportive 42 - Blue	Lucie	Taylor	20/08/1986	Female	12.45pm
3571	Wales Sportive 42 - Blue	Sean	Taylor	24/06/1976	Male	12.45pm
3574	Wales Sportive 42 - Blue	James	Theophilus	14/03/1993	Male	12.45pm
3577	Wales Sportive 42 - Blue	owen	Thomas	29/07/1999	Male	12.45pm
3579	Wales Sportive 42 - Blue	Laura	Walker	20/03/1984	Female	12.45pm
3580	Wales Sportive 42 - Blue	Leigh	Wallis	23/10/1980	Male	12.45pm
3581	Wales Sportive 42 - Blue	Claire	Walters	05/08/1987	Female	12.45pm
3582	Wales Sportive 42 - Blue	Kate	Waterhouse	06/10/1978	Female	12.45pm
3585	Wales Sportive 42 - Blue	carmen	watkins	17/10/1969	Female	12.45pm
3586	Wales Sportive 42 - Blue	Peter	Webb	06/04/1951	Male	12.45pm
3587	Wales Sportive 42 - Blue	Laura	Webber	17/12/1998	Female	12.45pm
3589	Wales Sportive 42 - Blue	gerwyn	williams	05/06/1972	Male	12.45pm
3592	Wales Sportive 42 - Blue	Mark	Willis	15/04/1972	Male	12.45pm
3593	Wales Sportive 42 - Blue	Luisa	Wilms	10/02/1980	Female	12.45pm
3594	Wales Sportive 42 - Blue	alexander	wingfield	27/03/1993	Male	12.45pm
3595	Wales Sportive 42 - Blue	Richard	Wingfield	12/03/1962	Male	12.45pm
3597	Wales Sportive 42 - Blue	Patricia	woodhouse	26/04/1965	Female	12.45pm
3598	Wales Sportive 42 - Blue	Michael	Wright	04/11/1948	Male	12.45pm
3599	Wales Sportive 42 - Blue	Amy	Yarney	11/01/1977	Female	12.45pm