

## IN-ROOM SPA

### Top to Toe Indulgence - £125

The Ultimate Indulgence Package, this treatment includes a full body massage, a facial, and a Jessica mini manicure and mini pedicure.

Treatment Time: **2 hours 45 minutes**

### Myddfai Body Scrub & Luxurious Shea Butter - £40

A deep scrub to get rid of all your hard skin, followed by a luxurious Shea Butter to make your skin baby soft.

Treatment Time: **30 minutes**

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## HANDS AND FEET

### Jessica Luxury Manicure - £55

Sit back and relax while our therapists care for your hands and nails with this luxurious treatment. Your hands will be exfoliated and your cuticles tended to before a massage and heat treatment, before completing your manicure with the shaping of your nails, and treatment basecoats and colour are applied.

Treatment Time: **60 minutes**

### Jessica Mini Manicure or Mini Pedicure - £30

These treatments include a nail shape and tidy, cuticle work and a nail polish of your choice.

Treatment Time: **30 minutes**

### Luxury ZenSpa Pedicure - £55

Opt for this treatment for softer and smoother legs, and let our therapists care for your feet with this Luxury ZenSpa Pedicure. Choose to accompany your treatment with a calming green tea, energising ginger or revitalizing citrus.

Treatment Time: **60 minutes**



## MASSAGES

### Aromatherapy Full Body Massage - £60

The ideal treatment to ease away your stresses, this aromatherapy full body massage uses essential oils to leave you feeling relaxed and refreshed.

Treatment Time: **60 minutes**

### Aromatherapy Back, Neck & Shoulder Massage - £45

Focusing on the main areas where tension exists, this massage uses a blend of essential oils to really help you banish those stresses and unwind.

Treatment Time: **30 minutes**

### Deep Tissue Massage - £55

This massage uses intense and firm strokes to create a pressure which targets muscular stress and aims to seduce muscle tension.

Treatment Time: **45 minutes**

### Myddfai Body Scrub with Full Body Massage - £95

A deep scrub to get rid of all your hard skin, complete with a Full Body Massage to leave you feeling relaxed and refreshed.

Treatment Time: **90 minutes**

### Hot Stones Massage - from £55

Combining relaxing warmth and refreshing coolness, the body encourages the body to detox and heal. Using hot stones and hand strokes, your therapist will focus on a deep working of the tissues whilst the heat relaxes your body. Warm, oiled stones will be placed on multiple acupressure points relaxing your muscles.

*(Please Note: Treatment cost varies due to property location)*

Treatment Time: 30 or **60 minutes**

### Mums-to-be Treatment - from £60

At a time when it is needed most, this indulgent top-to-toe leaves mums-to-be feeling refreshed and pampered. Enjoy a gentle full body and bump massage with a refreshing face & scalp treatment. Beginning with a warm hand soak calming your body, gentle stretching and massage movements are applied to the head, neck and back. Nourishing exfoliator and butter is massaged into the hands and arms, finished with a warm towel compress.

*(Please Note: Treatment cost varies due to property location)*

Treatment Time: **60 minutes**

### Swedish Full Body Massage - from £65

Swedish massage is exceptionally beneficial for increasing the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility while easing tension. The aim is to relax the entire body, this massage uses oil or lotion and can be slow and gentle or vigorous and bracing, depending on your preference.

*(Please Note: Treatment cost varies due to property location)*

Treatment Time: **60 minutes**

## FACIALS

### Natural Radiance Facial - £50

This facial is tailored to your skin type and combines a gentle massage with cleansing, toning and moisturising, along with a natural face mask to help recreate your natural glow. This facial makes use of the finest organic skin products.

Treatment Time: **40 minutes**

### Deluxe Facial - £60

Treat yourself to a deluxe facial which incorporates a deluxe facial with a relaxing shoulder, head and scalp massage.

Treatment Time: **60 minutes**



## EYE TREATS

### Nouveau Eyelash Extensions - £80

Nouveau Eyelash Extensions are state of the art semi-permanent lash extensions that give longer, thicker, very natural looking lashes. Please Note: Patch Tests are required 24hr in advance.

Treatment Time: **60 minutes**

### The Full Works - £30

This treatment consists of an Eyelash Tint, Eyebrow Tint and Eyebrow Shape. Please Note: Patch Tests are required 24hr in advance for the Tinting treatments.

Treatment Time: **40 minutes**

### HD Brows - £35pp

After assessing the shape and colouring of your face, our therapist uses a formula of tinting, waxing and threading to give you perfectly defined brows tailored exclusively for you.

Treatment Time: **30-45 minutes**

## TANNING

### Fake Bake Spray Tan - £35

Kick start your tan with our Fake Bake Spray Tan! Fake Bake works by using naturally derived tanning agents to give you a long-lasting result. Please Note: Patch Tests are required 24hr in advance.

Treatment Time: **30 minutes**

## WAXING

Full Leg - **£35**

Half Leg - **£25**

Bikini Line - **£20**

Brazilian - **£30**

Back - **£30**

Upper Lip, Chin & Eyebrow - **£25**

## THREADING

Upper Lip - **£20**

Chin - **£20**

Eyebrow - **£20**

## SPECIAL OCCASION

Special Occasion Make Up - **£55**

Bride Make Up & Trial - **£100**

Mother of the Bride/Groom & Trial - **£80pp**

Bridesmaid Make Up & Trial - **£80pp**

## MAKE-UP LESSON

This is a three hour make-up lesson tailored to your specific needs followed by a make-up bag detox, with an award-winning make-up artist. Choose a one-to-one session, or bring along a few friends and make it a real social event!

Treatment Time: **3 hours**

1 to 1 Lesson - **£95**

2-5 People - **£50pp**

6-10 People - **£40pp**

11-15 People - **£35pp**

16-25 People - **£30pp**

## PAMPER PARTY - £35pp

A perfect chance to get the girls together for a bit of indulgence! Choose one treatment each from an Aromatherapy Back, Neck & Shoulder Massage, a Jessica Mini Manicure, a Jessica Mini Pedicure, a Natural Radiance Facial, a Myddfai Body Scrub with Luxurious Shea Butter or a Fake Bake Spray Tan.

Treatment Time is dependent on the number of people in the party.

