

 coastal
concierge

*Arranging those little treats for
your stay in Pembrokeshire*

Celebration Packages

Extra Dry Prosecco (Spumante) £14.99 (Double Your Bubbles For £24.99)

A delicious sparkler exploding with zesty lemon, pear and apple fruit flavours, a hint of sweetness is balanced by a refreshing, crisp acidity. A real treat for any day of the week.

Cava (Freixenet) £19.99 (Double Your Bubbles For £29.99)

With its iconic black bottle, this is arguably the most famous Cava in the world. Made from a blend of traditional Cava grapes including Macabeo, Parellada and Xarel-lo, this is a zesty, lemon-scented sparkler with flavours of melon and peach fruit. Great aperitif, and a terrific match for cured meats too.

Champagne (Charles De Marques) £29.99 (Double Your Bubbles For £44.99)

A suitably indulgent Champagne with lovely baked bread aromas and ripe apple fruit flavours. There's a distinct touch of quince, too, and the flavours are quietly complex. Makes a great aperitif, or partner to a simple plate of smoked salmon.

Champagne (Heidsieck Monopole) £34.99 (Double Your Bubbles For £49.99)

Made by one of the Champagne region's oldest producers, this is a Pinot Noir-dominant blend giving the resulting Champagne real weight and flavour. There's a hint of redcurrant and gorgeous toasty flavours too. Great as an aperitif, and just as good with fish & chips - honestly!

Luxury Champagne (Veuve Clicquot) £49.99 (Double Your Bubbles For £74.99)

With a label recognisable at twenty paces, this is a stand-out Champagne from a stand-out house. And behind this powerhouse of a Champagne lies Madame Clicquot, who founded the Veuve Clicquot house in 1772. Made with a blend of the three classic Champagne grapes - Chardonnay, Pinot Noir and Pinot Meunier - this combines richness and elegance, with citrus fruits and real freshness. Perfect aperitif material.



Add a touch of sparkle to your stay with one of our popular fizz packages.

Each of the following combinations presented in a stylish tray with a box of luxury chocolates (12) and two champagne flutes.

To add any of these to your stay or for more information, please call Lucy or Gemma on 01437 772 758.

Flower Bouquets

Standard Bouquet £35

A neat bouquet that is enough to speak a thousand words. A sweet bouquet that will help to convey your message.

Medium Bouquet £45

Filled with love and offers that little bit of extra fullness. An impressive, yet subtle bouquet that isn't too extravagant.

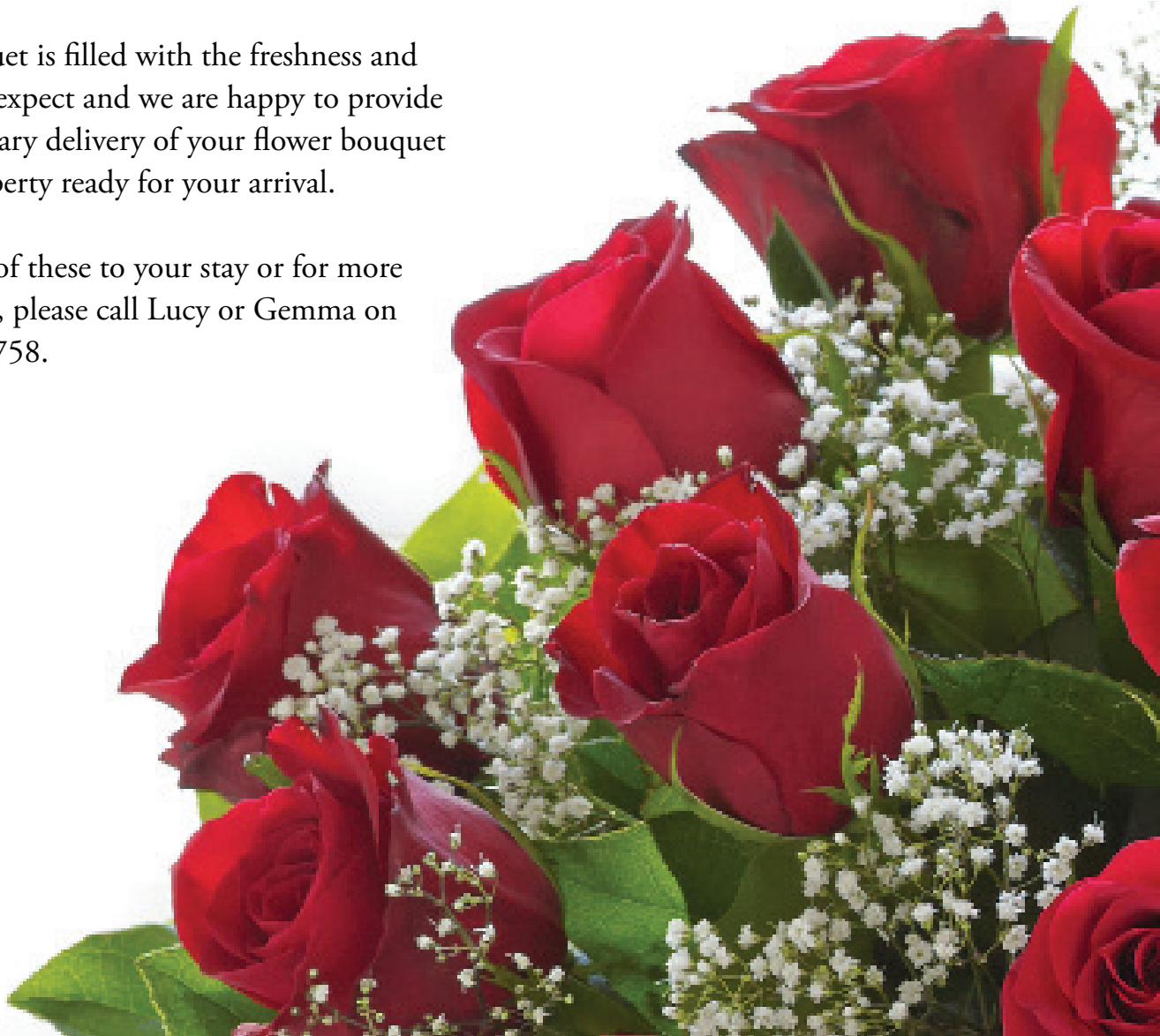
Large Bouquet £55

Bursting with a fantastic array of flowers, this arrangement is the perfect way to make an impression.

Bursting with a fantastic array of flowers, this arrangement is the perfect way to make an impression.

Every bouquet is filled with the freshness and quality you expect and we are happy to provide complimentary delivery of your flower bouquet to your property ready for your arrival.

To add any of these to your stay or for more information, please call Lucy or Gemma on 01437 772 758.



Massage & Yoga Treatments

Top To Toe Indulgence £125

The Ultimate Indulgence Package, this treatment includes a full body massage, a facial, and a Jessica mini manicure and mini pedicure.

Aromatherapy Full Body Massage £60

The ideal treatment to ease away your stresses, this aromatherapy full body massage uses essential oils to leave you feeling relaxed and refreshed.

Aromatherapy Back, Neck And Shoulder Massage £45

Focussing on the main areas where tension exists, this massage uses a blend of essential oils to really help you banish those stresses and unwind.

Deep Tissue Massage £55

This massage uses intense and firm strokes to create a pressure which targets muscular stress and aims to seduce muscle tension.

Private Yoga Class £50

Your private yoga session will include a visit to you in your holiday cottage and take you through a 1 hour 'Viniyoga' yoga practice which will include posture work, breathing techniques and relaxation. The practice will be appropriate for the time of day and your general preferences.

1:1 Personalised Yoga £50

You will be spoken to about your general health and well-being, and your reasons for practising Yoga. A 20 minute daily practice will be designed just for you and you will be taken through it step-by-step. You will take this practice home with you and continue to work with it and have the benefit from it long after your holiday has finished.



Relax and unwind in the comfort of your holiday property with a tempting range of massages for you to enjoy with your loved ones as part of your unique and restful holiday with us.

To add any of these to your stay or for more information, please call Lucy or Gemma on 01437 772 758.

Beauty Therapies

Facial Treatments From £50

Enjoy a facial tailored to your skin type, combining a gentle massage with cleansing, toning and moisturising, along with a natural face mask to help recreate your natural glow.

Hand And Feet Treatments From £55

Sit back and relax while our therapists care for your hands and nails and feet with one of our luxurious manicures or pedicures. Get your nails looking perfect for your holiday snaps!

Fake Bake Spray Tan £35

Kick start your tan with our Fake Bake Spray Tan! Fake Bake works by using naturally derived tanning agents to give you a long-lasting result. **Please Note:** Patch Tests are required 24hr in advance.

Eye Treats From £30

Sit back and relax as you enjoy eyelash and eyebrow tints, plus eyebrow shaping. You could even add some state of the art eyelash extensions for longer, natural looking lashes. **Please Note:** Patch Tests are required 24hr in advance.

Waxing From £20

Treat yourself to one of our waxing packages. Our range includes full or half leg waxes, back waxing & eyebrows and more.

Threading From £20

Sort out those troublesome hairs with our threading treatment. Choose from upper lip, chin or eyebrow threading so you look perfect during your holiday.

Special Occasion Treatments From £55

Have you got a special occasion during your trip? You can arrange for one of our special occasion treatments, including make up and trials for the bride, bridesmaids and the groom, or just to indulge yourself!

Indulge in one of our range of beauty therapies for you to pamper yourself in the comfort of your holiday cottage.

To add any of these to your stay or for more in-depth information about the treatments, please call Lucy or Gemma on 01437 772 758.



Beauty Therapies

Jessica Mini Manicure Or Pedicure £30

These treatments include a nail shape and tidy, cuticle work and a nail polish of your choice.

Myddfai Body Scrub & Luxurious Shea Butter £40

A deep scrub to get rid of all your hard skin, followed by a luxurious Shea Butter to make your skin baby soft.

Myddfai Body Scrub with Full Body Massage £95

A deep scrub to get rid of all your hard skin, complete with a Full Body Massage to leave you feeling relaxed and refreshed.

Make-Up Lesson From £30 Per Person

This is a three hour make-up lesson tailored to your specific needs followed by a make-up bag detox, with an award-winning make-up artist. Choose a one-to-one session, or bring along a few friends and make it a real social event!

Prices: £95 for 1 to 1 / £50pp for 2-5 people / £40pp for 5-10 people / £35pp for 11-15 people / £30pp for 16-25 people

Pamper Party £35 Per Person

A perfect chance to get the girls together for a bit of indulgence! Choose one treatment each from an Aromatherapy Back, Neck & Shoulder Massage, a Jessica Mini Manicure, a Jessica Mini Pedicure, a Natural Radiance Facial, a Myddfai Body Scrub with Luxurious Shea Butter or a Fake Bake Spray Tan.

Above is just a selection of the pampering packages you can choose from.

To add any of these to your stay or for more in-depth information about the treatments, please call Lucy or Gemma on 01437 772 758.



Private Dining

We want you to make the most of your time on holiday in Pembrokeshire, to relax and just enjoy yourself!

If you have a special occasion to commemorate or simply want to indulge yourself or loved ones, a Private Dining Experience in the comfort of your cottage is a wonderful treat.

Our Private Dining Experience offers you the service of a personal chef in the cottage to provide the option of a two or three course menu suited to your individual requirements.

As an alternative, buffet style dining for the larger parties offers a relaxed form of dining which can be in traditional buffet style or created to reflect any particular theme.

We offer our deliver to your door service too, giving you the opportunity to have your meal brought to you at your cottage, a welcome alternative to the private chef. Meals are suited to your taste; though as there are some foods that don't travel too well, it is best to discuss your options with a member of our team.

Finishing touches for special occasions are always appreciated and emphasize thoughtfulness, which is why we are happy to arrange those little extras for you, such as decorations, cakes and party bags to make your occasion memorable.

Treat yourself to an evening of wholesome food with family and friends in the comfort of your property.

To add this to your stay or for more information, please call Lucy or Gemma on 01437 772 758.



Holiday Hampers

Farmhouse Breakfast Hamper from £25

Bursting with fresh local Pembrokeshire produce, this Hamper includes a Farmhouse Loaf, a block of Welsh Butter, Fresh Tomatoes & Mushrooms, 6 Free Range Eggs, Pork Sausages, Dry Cured Back Bacon, Black Pudding & Heinz Beans.

Standard & Luxury BBQ Packs from £25

Nothing beats a good old fashioned BBQ with family and friends! Treat yourself to a local Pembrokeshire BBQ pack and have it ready and waiting for you in your cottage for your arrival. The standard pack includes: Pork Steaks, Pembrokeshire Heathland 4oz Beef Burgers, Pork Sausages, Small chicken breast fillets, 1 packet of BBQ marinade and 1 packet of Chinese Marinade, while the Luxury pack includes: Pembrokeshire Heathland 4oz Beef Burgers, Pork Sausages, 4oz Sirloin Steaks, Baby backed Ribs, 4oz Lamb Leg Steaks, Gwaun Valley 4oz Gammon Steaks, 1 packet of Pepper Steak Marinade and 1 Packet of Garden Mint Marinade (All meats are locally sourced.)

Sunday Roast Hampers from £20

The ideal choice for families, the hampers include everything you'll need to make the perfect Sunday Roast. Choose from Silverside Salmon Beef, a Pork Lion Joint or a Grade A Farm Fresh Chicken. Each hamper comes with one cut of meat and a choice of veg including Pembrokeshire potatoes.

Welsh Produce Hamper (Suitable For 2-4 People) £40

Get a real taste of Wales with the Welsh produce hamper, including Welsh Cakes, Bara Brith, Welsh Jam, Local Fudge, Welsh Toffee Waffles, 100g Nom-Nom Bar of chocolate and Welsh Tea, complete with basket and wrap.

Cheese Hampers from £35

Indulge in a fantastic savoury dessert, with one of our cheese hampers. The hamper include a selection of Welsh Cheeses (waxed), Grapes, Cheese Biscuits, Welsh Chutneys and Olives.

Above is just a selection of our delicious hampers. If you would like more information about the full range or to add any of these to your stay, please call Lucy or Gemma on 01437 772 758.



Activities For Your Stay

Pembrokeshire is the perfect place to enjoy an array of activities & attractions. Let us arrange a great day out for you and your family, a full blown activity itinerary to keep the children entertained throughout your holiday or simply recommend the best spots for walking or building sandcastles.

We can book your tickets for a number of activities. Choose from firm family favourites to outdoor adventures.

- Cycle Hire
- Paintballing
- Harness Zorbing
- Heatherton Adventure Park
- Vineyard Experience
- Horse Riding Treks (picture of the beach riding)
- Pembrokeshire Pleasure Flights

Do you love a bit of adventure? Why not add some of these water sport experiences to your stay...

- Surfing
- Sea Fishing
- Kayaking
- Coastering
- Rock Pooling
- Pembrokeshire Boat Trips

If you would like more information on our list of activities and attractions, along with personal advice and to add this to your stay, please call Lucy or Gemma on 01437 772 758.



Boat Trips

Land On Ramsey Island - Adults £18, Children £8.50

On arrival you will be given a talk and map from the warden in the islands display room. You will then be free to explore the island at your leisure to see the seabirds, seals, flora and fauna. Departure times: 10am, 12pm. Returns: 12pm, 4pm. (Please note: RSPB members have additional discounts)

1.1/2 Hour Original Wildlife Boat Trip - Adults £25, Children £12

Departure times: 10.30, 12.30, 14.00, 16.30, 18.00

1 Hour Adventure Around Ramsey Island - Adults £25, Children £12, Under 4yrs £5

Explore the caves and bays of Ramsey Island on-board a jet boat. Experience swirling currents and turbulent water sounds. Search for porpoise, seals and an array of seabirds on the cliffs and bays. Departs hourly.

Puffin & Shearwater Cruise 1. 1/2 Hour - Adult £30, Child £17

Come with us and experience some of the finest the natural world has to offer. Discover a magical wilderness coupled with the fun and excitement of a true marine expedition.

Whale & Dolphin Experience (2 ½ To 3 Hours) - Adult £60, Child £30

This trip takes you off shore into the Irish Sea. Head for the RSPB island of Grassholm to see the spectacular gannet colony then out into the rich waters of the Celtic Deep in search of Dolphins, Puffins, seals, seabirds and if you're really lucky a Whale! Departs 09.00, 15.15 & 16.15

Fishing Trips from £25 per person

With your rods, reels, bait and tuition provided, you can sit back and enjoy your fishing experience on-board the Blue Shark. 2 hours £25 – Fish for Mackerel & Pollock. 3 hours £35 - Fish for Mackerel & Pollock. 4 hours £45 – wreck, reefs and drifting.

If you would like more information about our boat trips or to add any of these to your stay, please call Lucy or Gemma on 01437 772 758.

